

MOUTHGUARD COLOUR CHART

Mouthguards should be worn during playing and training for any sport which could possibly contact the facial structures. The New Zealand Dental Association (NZDA) advises only using a professionally custom-made and custom-fitted mouthguard. Southern Cross Dental offers a wide range of colours and designs to choose from.

Colour Chart



White



Black



Yellow



Orange



Red



Pink



Lilac



Blue



Silver



Gold



Neon-Green



Neon-Yellow



Neon-Red

* Thickness : Transparent blank 2.0, 3.0, 4.0, 5.0 mm; Colour blank only 3.0 mm
*Photos for illustration purposes only. Colours may vary.



YBY



WBW



RBR



BRY



BWR



RGB



Glitter-Yellow



Glitter-Orange



Glitter-Pink



Glitter-Purple



Glitter-Blue



Glitter-Green

Specifications

Junior



Thickness
3mm



Applications
Low impact sports
(for ages 5-12).

Examples include:
Speed skating, volleyball, soccer, little league sports.

Standard



Thickness
5mm



Applications
Non-contact
sports (adults).

Examples include:
Intense cycling, rock climbing and weightlifting.

Professional



Thickness
6mm + 3mm
hard labial
insert



Applications
Heavy contact sports
where hard, pointed
blows may be received
by the jaw.

Examples include:
Hockey, rugby, boxing and wrestling.